

New Beginning Teacher's Manual

ENVIRONMENTAL STUDIES

1

FOUNDATIONAL
STAGE



MASTERMIND

Chapter 1 : About Me

Do it yourself.

Chapter 2 : My Family

- A.** 1. (c) 2. (b) 3. (b) 4. (a)
- B.** 1. family 2. grandmother 3. uncle 4. many
- C.** 1. c 2. d 3. e 4. a 5. b
- D.** 1. Family is a group of members.
2. Big family, small family.
3. Grandmother, grandfather, uncle, aunt.

Chapter 3 : Our Body

- A.** 1. (c) 2. (b) 3. (b)
- B.** 1. different 2. hands 3. legs 4. five 5. Skin
- C.** 1. False 2. True 3. True 4. False 5. True
- D.** 1. legs, ear, nose, eye, hand
- E.** 1. We can write, throw, draw and hold with our hands.
2. We have five sense organs.
3. We use our tongue to taste the food.
4. Our nose helps us to smell.

Chapter 4 : Clothes and Houses

- A.** 1. b 2. a 3. c 4. a
- B.** 1. sheep 2. cotton 3. umbrella 4. clean
- C.** 1. True 2. True 3. False 4. True
- D.** 1. e 2. d 3. a 4. b 5. c
- E.** Do it yourself.
- F.** 1. KITCHEN 2. COTTON 3. WOOLLEN 4. HOUSE 5. UNIFORM
6. SUMMER
- G.** 1. Clothes cover our body and protect us from heat, cold, rain, insect bites, etc.
2. We get wool from sheep.
3. In summer season we wear cotton clothes.
4. We need a house to protect us from heat, cold, rain, thieves and animals.
5. Kutcha houses are found in villages and pucca houses are found in town and cities.

Chapter 5 : Our Basic Need : Food

- A.** 1. (a) 2. (b)
- B.** 1. Food 2. healthy 3. TV. 4. stale
- C.** 1. (c) 2. (d) 3. (a) 4. (b)
- D.** 1. We need food because it gives us energy to do work and play.
2. Tea, fruits, vegetables, nuts, grains.
3. We have breakfast in the morning.
4. The two good food habits are
(a) have meal at fixed time.
(b) do not eat stale food.

Chapter 6 : Water : The Source of Life

- A.** 1. (a) 2. (c) 3. (b)
- B.** 1. tap 2. tube wells 3. fire 4. boil, filter 5. wisely
- C.** 1. (d) 2. (c) 3. (b) 4. (a)
- D.** 1. We need water to drink, bath, cook, put out fire, etc.
2. By boiling and filtration we can make water pure for drinking.
3. Rain is the main source of water.

Model Test Paper-1

- A.** 1. (c) 2. (a) 3. (b) 4. (b) 5. (a) 6. (a) 7. (c) 8. (b) 9. (b) 10. (a)
- B.** 1. grandmother 2. cotton 3. umbrella 4. Food 5. Rain
- C.** 1. True 2. True 3. True 4. True 5. False
- D.** 1. (c) 2. (d) 3. (e) 4. (a) 5. (b)
- E.** 1. Family plays an important role in our educational success.
2. We use our tongue to taste the food.
3. A house protects us from rain, storm, heat, cold, wild animals and thieves.
4. Clothes protect ourselves from heat, cold, rain and dust. They also protect us from insect bites.
5. Food gives us energy to do work and play.
- F.** 1. GRANDFATHER 2. GRANDMOTHER 3. UNCLE 4. BROTHER
5. MOTHER 6. FATHER 7. COUSIN

Chapter 7 : Good Habits & Manners

- A.** 1. (b) 2. (a)
- B.** 1. (b) 2. (c) 3. (d) 4. (e) 5. (a)
- C.** 1. We say good morning to everyone when we wake up in the morning.
2. Everybody loves good children, so we should learn good habits.

3. Say sorry when you are wrong, say please when you ask for something.

Chapter 8 : Keeping Healthy

- A.** 1. Yes 2. Yes 3. Yes 4. No
- B.** 1. everyday 2. two 3. hair 4. playing
- C.** 1. Take bath everyday, get up early in the morning.
2. To stay healthy we should take bath daily and do exercise at fixed time.
3. Exercise keeps us fit and healthy.
4. We need proper rest to relax and recharge our body.

Chapter 9 : Our Neighbourhood

- A.** 1. (b) 2. (a) 3. (a)
- B.** 1. (b) 2. (c) 3. (d) 4. (a)
- C.** 1. We go to the park to play and exercise.
2. We go at hospital when we are ill.
3. We buy milk from the milk booth.
4. Hindus go to temple to worship God.

Chapter 10 : People Who Help Us

- A.** 1. (b) 2. (a) 3. (b)
- B.** 1. False 2. False 3. False 4. False
- C.** 1. Teachers teach us good manners.
2. Carpenter makes the wooden furniture.
3. Cobbler mends the shoes.
4. Policemen protect us from the thieves and criminals.

Chapter 11 : Our Festivals

- A.** 1. (a) 2. (c) 3. (a)
- B.** 1. colours 2. 25th 3. Sikhs 4. Ramadan 5. 26th January
- C.** 1. (c) 2. (d) 3. (e) 4. (a) 5. (b)
- D.** 1. Festivals provide us joy and happiness, so we celebrate it.
2. The festivals which are celebrated by all the people of a nation together called national festivals. The festivals which are celebrated by the particular people called religious festival.
3. Muslims celebrate Eid.
4. Sikhs celebrate Gurupurva.

Chapter 12 : Our School

- A.** 1. (c) 2. (b)
- B.** 1. head 2. library 3. playground 4. Gardener

- C.** 1. False 2. True 3. True 4. False
- D.** 1. (b) 2. (c) 3. (d) 4. (a)
- E.** 1. Do it yourself.
2. Teacher teaches us in the school.
3. Do it yourself.
4. Peon, gardener, sweeper and aaya are the people who work in our school.

Model Test Paper-2

- A.** 1. (a) 2. (b) 3. (b) 4. (a) 5. (a) 6. (b) 7. (b) 8. (b) 9. (a) 10. (a)
- B.** 1. clean 2. lights 3. park 4. 26th January 5. stale
- C.** 1. False 2. True 3. True 4. False 5. False
- D.** 1. (c) 2. (d) 3. (a) 4. (e) 5. (b)
- E.** 1. (a) Take bath everyday. (b) Get up early in the morning.
2. Exercise keeps us fit and healthy.
3. Carpenter makes the wooden furniture.
4. Farmer grows grains, fruits and vegetables for us.
5. The festivals which are celebrated by all the people of a nation together called national festivals. The festivals which are celebrated by the particular people called religious festivals.