

Teacher's Manual

Carvaan

Social Studies

Foundational Stage
Class
1



Chapter 1 : Do it yourself.

Chapter 2 : Healthy Food

- A.** 1. (a) 2. (c)
B. 1. work, play 2. good 3. talk 4. chew
C. 1. (c) 2. (d) 3. (a) 4. (b)
D. 1. Food gives us energy to work and play.
2. Milk, butter, eggs and meat.
3. Because milk has all the nutrients.
4. (a) Cucumber (b) Radish

Chapter 3 : Clothes We Wear

- A.** 1. (b) 2. (c) 3. (b)
B. 1. cover 2. rubber 3. raincoat 4. dresses
C. 1. True 2. False 3. True 4. False 5. True
D. 1. Clothes protect us from heat, rain, cold, dust, and insects.
2. We get cotton clothes from cotton plant.
3. We wear school-dress when we go to school.
4. Wearing woollen clothes in the summer can make us feel hot and uncomfortable.

Creative Corner

1. SWEATER 2. JEANS 3. SHIRT 4. TROUSER 5. JACKET 6. FROCK
7. SKIRT 8. GOWN

Chapter 4 : Sweet Home

- A.** 1. house 2. rain 3. bathroom 4. bedroom 5. clean
B. 1. Some 2. Some 3. dining room 4. kitchen
C. 1. We need a house to protect ourselves from heat, cold, rain and thieves.
2. We eat food in dining room.
3. We welcome our guests in drawing room.
4. Tent, House-boat.

Creative Corner

House-boat, Igloo, Pucca House, Kutcha House

Chapter 5 : Our Family

- A.** 1. (a) 2. (c) 3. (b) 4. (a)
B. 1. Family 2. good 3. occasions 4. more than two
C. 1. (c) 2. (d) 3. (b) 4. (a)
D. 1. Family is a group of members who live together.
2. Joint family is a largest family of our society.
3. (a) Grandparents, (b) Parents, (c) Uncle (d) Aunt
4. (a) Small family (b) Big family

Creative Corner

Joint, small

Chapter 6 : Sharing and Caring

- A. 1. parents 2. milk 3. kitchen 4. bed
- B. 1. True 2. False 3. False 4. True
- C. 1. Our parents earn money for our family.
2. Children help their parents in many ways.
3. Do it yourself.

Creative Corner

✓, ✓, ✗

Chapter 7 : Games and Fun

- A. 1. indoor 2. playground 3. happy
- B. 1. We should play games in our free time.
2. There are two types of games.
3. (a) Ludo (b) Chess
4. (a) Cricket (b) Hockey
5. Do it yourself.

Model Test Paper-1

- A. 1. (c) 2. (b) 3. (a) 4. (a)
- B. 1. fruits, vegetables, rice, wheat, pulses, etc.
2. Clothes protect us from heat, rain, cold, dust, and insects.
3. We welcome our guests in drawing room.
4. Family is a group of members who live together.
- C. 1. False 2. True 3. False
- D. 1. stale 2. three times 3. happy

Chapter 8 : Places in Our Neighbourhood

- A. 1. (a) 2. (b) 3. (a)
- B. 1. (b) 2. (c) 3. (d) 4. (a)
- C. 1. We go to school for study and learn new things.
2. We go to hospital when we are sick.
3. We buy many things for our daily needs from market.
4. Hindus go to temple for worship God.

Creative Corner

Temple, Gurudwara, Church, Mosque

Chapter 9 : People Who Help Us

- A. 1. (a) 2. (a) 3. (a)
- B. 1. False 2. True 3. True 4. False
- C. 1. Farmer grows the grains, fruits and vegetables for us.
2. Soldier protects our country from enemies.
3. Carpenter makes doors, window and furniture.
4. Postman delivers our letters and parcels.

Creative Corner

- A. Teacher, Weaver, Farmer
- B. Scissor and comb, Stethoscope, Hammer

Chapter 10 : National and Religious Festivals

- A. 1. (b) 2. (b) 3. (a)
- B. 1. lights 2. 2nd 3. Sikhs 4. Eid, Ramzan 5. 15th August.
- C. 1. (c) 2. (d) 3. (e) 4. (a) 5. (b)
- D. 1. Festivals provide us joy and happiness.
2. It marks the birthday of Sikh Guru, Guru Nanak Dev Ji.
3. National festivals are for the whole country and religious festivals are for specific religions.
4. We celebrate Gandhi Jayanti on 2nd October

Chapter 11 : Our School

- A. 1. (c) 2. (b)
- B. 1. head 2. library 3. play ground 4. assembly hall
- C. 1. False 2. True 3. True 4. False
- D. 1. (b) 2. (c) 3. (d) 4. (a)
- E. 1. Do it yourself.
2. Teacher teaches us in the school.
3. Do it yourself.
4. Peon, gardener, sweeper are the people who help us in school.

Chapter 12 : My Classroom

- A. 1. (a) 2. (b)
- B. 1. True 2. True 3. True 4. True 5. False
- C. 1. We sit on the benches.
2. There are 40 students in our class.
3. We throw waste papers and pencil shavings in the dustbin.

Chapter 13 : Good Manners

- A. 1. (b) 2. (b)
- B. 1. (e) 2. (c) 3. (d) 4. (a) 5. (b)
- C. 1. We learn good habits and manners at home and in the school.
2. Good manners are very essential for our personal development and well-being.
3. Always greet our parents, teacher and elders when you wake-up in the morning.

Chapter 14 : Keeping Healthy

- A. 1. True 2. True 3. False 4. False
- B. 1. twice 2. comb 3. hands 4. boiled
- C. 1. We should keep ourselves and our surroundings clean.
2. Exercise keeps us healthy and strong. We must exercise daily.
3. We get tired after work and play. We need proper rest to relax.
4. Do it yourself.

Creative Corner

1. ✗ 2. ✗ 3. ✓ 4. ✓

Chapter 15 : Safety Rules

- A.** 1. (b) 2. (b)
- B.** 1. sharp 2. blade 3. footpath 4. road
- C.** 1. False 2. True 3. False 4. True
- D.** 1. Rules of safety keep us safe and avoid us from accidents.
2. They can cause cuts, or other serious injuries.
3. Red light mean “Stop”.

Chapter 16 : Story of Earlyman

- A.** 1. (c) 2. (c) 3. (b) 4. (b)
- B.** 1. True 2. False 3. True 4. False 5. True
- C.** 1. He hunt the wild animals and ate their meat raw.
2. Once he rubbed two stones and there was a spark.
3. First he reared the dog.

Model Test Paper-2

- A.** 1. (a) 2. (a) 3. (a) 4. (c) 5. (b)
- B.** 1. Hindus go to temple for worship God.
2. National festivals are for the whole country and religious festivals are for specific religions.
3. Good manners are very essential for our personal development and well-being.
4. We get tired after work and play. We need proper rest to relax.
5. Once he rubbed two stones and there was a spark.
- C.** 1. False 2. False 3. True 4. True 5. False
- D.** 1. colour 2. play-ground 3. comb 4. sharp