

Teacher's Manual

Carvaan



GK & Moral Values



with Yoga

Preparatory Stage
Class
3



MASTERMIND

Carvaan Moral Values-3

Chapter 1 : The Talking Map

- A.** 1. (a) 2. (a) 3. (b) 4. (c)
- B.** 1. F 2. F 3. T 4. T
- C.** 1. instructions 2. disappointment 3. rules, treasure 4. farming
- D.** 1. (d) 2. (a) 3. (b) 4. (c)
- E.** 1. Mohan Singh was a lazy young man One day he found a magic map.
2. He was excited think about the treasures.
3. Hard work and sharing the map's secret were two rules.
4. He worked diligently on his farm from sunrise to sunset, it became him a rich man.

Chapter 2 : Two Otters and the Crafty Wolf

- A.** 1. (b) 2. (b) 3. (a) 4. (c)
- B.** 1. F 2. F 3. T 4. T
- C.** 1. quarrelling 2. middle 3. realized 4. wolf
- D.** 1. (b) 2. (c) 3. (d) 4. (a)
- E.** 1. He saw that two otters hunting for fish.
2. They were fighting for divide the fish equally.
3. The wolf cut off the tail for one otter and gave the head to the other.
4. They realized that they had been tricked by the cunning wolf.

Chapter 3 : The Lesson of Speaking Wisely

- A.** 1. (c) 2. (a) 3. (a) 4. (a)
- B.** 1. F 2. F 3. T 4. T
- C.** 1. (d) 2. (c) 3. (b) 4. (a)
- D.** 1. habit 2. wise 3. better, time 4. rooster
- E.** 1. Vikram was a student of grade third. His question was – Is it good to talk a lot?
2. His mother told him that talking too much is not wise.
3. Vikram's teacher say that it is better to say the right things at the right time rather than talking too much.
4. The moral of the lesson is that better to speak wisely at the right time.

Chapter 4 : The Eagle's Lesson in Friendship

- A.** 1. (a) 2. (b) 3. (b)
- B.** 1. F 2. T 3. T 4. F
- C.** 1. regularly 2. hurt 3. frankness 4. bravery

D. 1. (b) 2. (c) 3. (d) 4. (a)

- E.** 1. Eagle was selfish. He used to go tortoise home and enjoy the meal.
2. The problem was that eagle always enjoyed meals at the tortoise's home but never invited him to its own home.
3. He feel that his friendship is one-sided.
4. He learned that friendship grew on equality and kindness.

Chapter 5 : The Strong Doves' Teamwork

A. 1. (b) 2. (a) 3. (a) 4. (c)

B. 1. F 2. T 3. T 4. T

C. 1. noticed 2. advice 3. bigger, stronger 4. flapped

D. 1. (d) 2. (c) 3. (a) 4. (b)

- E.** 1. Doves lived in a big forest near the tall Himalaya mountains.
2. An old dove noticed that at the bottom of the tree a tiny plant started to grow.
3. The hunter set up a net and trapped the all doves.
4. They flapped their wings together and lifted the net with them to save their life.

Chapter 6 : The Frog Who Learned a Lesson

A. 1. (a) 2. (a) 3. (b) 4. (b)

B. 1. F 2. T 3. F 4. T

C. 1. explored 2. dangers 3. heartbroken 4. overconfident

D. 1. (b) 2. (a) 3. (d) 4. (c)

- E.** 1. First frog made his house by a serene lake surrounded by rocks and shrubs.
2. Second frog made his house near the edge of a forest road.
3. He did not escape in time and crushed under the cart's wheel.
4. The moral is that overconfidence had led a tragedy.

Chapter 7 : The Tricky Jackal and the Trusting Camel

A. 1. (a) 2. (a) 3. (c) 4. (b)

B. 1. T 2. T 3. F 4. F

C. 1. Minister 2. jungle 3. lion 4. Jackal, camel

D. 1. (b) 2. (c) 3. (d) 4. (a)

- E.** 1. Jackal's work was to find tasty animal for the lion to eat.
2. He ordered that find food for him or else he might have to eat him.
3. Jackal met the camel and said to the camel, the king is searching a messenger just like you.
4. Lion pounced on the camel and ate him in an instant.

Chapter 8 : Rescuing Tortoise

A. 1. (a) 2. (b) 3. (b) 4. (b) 5. (a)

B. 1. T 2. T 3. T 4. F 5. T

C. 1. Calm 2. dead, path 3. tucked 4. chewed 5. happily

D. 1. (d) 2. (e) 3. (b) 4. (a) 5. (c)

E. 1. A tortoise, a rat and a crow were close friends. They all lived together in a forest.

2. Deer scared from the hunter. He shared the reason of his fear.

3. The tortoise dove into the lake after hearing the deer.

4. Rat chewed a hole in the hunter's bag and tortoise quickly escaped back into the lake.

5. The moral of the story is that greed can bring problems.

Chapter 9 : The Change of Heart

A. 1. (b) 2. (b) 3. (b) 4. (a)

B. 1. powerful 2. carelessly 3. wallet 4. money 5. stealing

C. Do it yourself.

D. 1. His bad habit was that he loved money more than anything else.

2. One day Monu quietly took the wallet and steal some money.

3. He was deeply ashamed and promised to himself to change his ways from that day.

Chapter 10 : The Greedy Son's Mistake

A. 1. (a) 2. (c) 3. (b) 4. (b)

B. 1. wealthy 2. decided 3. fault 4. suffered 5. resting

C. 1. F 2. T 3. F 4. T

D. 1. He was very poor because he suffered from floods for two years.

2. He was offering milk to the snake.

3. The farmer's son hit the snake with stick and in anger, the snake bit the son and he died.

4. The farmer realized it was his son's greed that had caused the tragedy.

5. The farmer offered milk to the snake and in return snake left a gold coin every day. It made the farmer wealthier.

Chapter 11 : Yoga : The Path to a Healthy Life

A. 1. (b) 2. (c) 3. (a) 4. (b) 5. (a)

B. 1. asana 2. Surya Namaskara 3. Kapalbhathi 4. Tadasana 5. Pranayama

C. 1. T 2. T 3. T 4. F 5. F

D. 1. Yoga is a treasure chest from ancient India filled with secrets to make our body, mind, heart feel amazing. Asanas are magical body poses. They are the keys to unlock the secrets of feeling strong, flexible and healthy.

2. This asan teaches us how to control our breath. It is like a secret weapon to stay calm and focused.
3. The kinds of asanas are :
 - (a) Pranayama (b) Surya Namaskara (c) Tadasana
 - (d) Uttanasana (e) Trikonasana (f) Dhanurasana
 - (g) Kapalbhati (h) Baddha Konasana (g) Sirsasana
4. Tadasana is a good exercise for stretching our body.
5. It is as if our body is saying hello to the sun. It wakes us up and fills you with energy.